



Santa Barbara 2018

OCT 27th | 11 AM - 5 PM



PLANT FOOD AND MEDICINE CONFERENCE



Featuring Two Extraordinary Keynote Talks



Melissa Costello
Celebrity Chef

How to Put "Easy & Delicious!"
Into Plant-based Meals



Jim Adams, Ph.D.
USC Professor

Eat What Heals You – The Power
of Plant Based Nutrition

AND Six Powerful Educational Seminars



Liz Rogan

Cannabis 101 – The
Real Deal On How
Cannabis Heals You



Cheryl Fromholzer

Herbs – Nature's
Super Supplements



Dr. Dale Figtree

Empowered Diets
For Miraculous
Self-Healing



Lanny Kaufer

Healing Plants of
Santa Barbara's
Trails and Gardens



D.A. Metrov

A Cancer Survivor's
Journey to Total
Well-Being Through
Nutrition



Lily Rozhko

Essential Oils –
Awaken the Body's
Innate Healing Ability

Reserve Your Seat: PlantFoodAndMedicine.org